



The Abbey

KINDNESS

Kindness in music

Ivana, Upper III (Year 7)





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I think kindness matters in music because I think that it is one of the core parts in making a team, an ensemble skill. Kindness breaks down barriers, aids communication and supports excellent relationships.

If group members are not kind to each other, then friendships could crumble. Although that might not affect the band / ensemble / orchestra physically, it could really harm people's feelings from the inside: if nobody is happy and the members keep trying to spite each other, they won't play as well as they could. I have enjoyed myself immensely playing my bassoon in groups and I think that everyone who tries should have the same experience as me. Music is built on trust, and kindness leads to that trust. Music is where creative people channel versions of themselves and express themselves through the music they produce and play. As a result, it's very important to meet them with kindness. I particularly remember that recently I was in orchestra, alone in the bassoon section, and there was a girl sitting next to me. I think she was in sixth form and she played the oboe or the clarinet. She kindly explained things to me and pointed me in the right direction when I needed it and I am really grateful to her. I think this is how groups and teams should work: all of us helping each other. In conclusion, kindness really matters in music and as a team we should always help and trust each other. Here are some quotations about kindness:

"I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel."

-Maya Angelou

"Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around."

-Leo Buscaglia

"No act of kindness, no matter how small, is ever wasted."

-Aesop

I've written a quotation too:

"Kindness doesn't cost a penny. But with a single kind word or smile, you're changing people's lives, even the world, bit by bit."



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