

The Abbey Junior School Summer Menu

<i>Week 1</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Soup</i>	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
<i>Main course</i>	Smokey Spanish Turkey Escalope	Pancetta & Pea Carbonara Tagliatelle	Colcannon Topped Shepherd's Pie	Oriental Sweet & Sour Chicken	Salami & Chargrilled Pepper Pizza
<i>Vegetarian</i>	Mediterranean Vegetable Spanish Omelette	Spinach & Mushroom Carbonara Tagliatelle	Colcannon Topped Quorn Shepherd's Pie	Oriental Sweet & Sour Tofu	Roasted Tomato & Mozzarella Pizza
<i>On the side</i>	Patatas Bravas Roasted Summer Squash Broccoli Florets	Garlic & Herb Slice Sautéed Bell Peppers Green Beans	Steamed Carrots Spring Greens	Egg Fried Rice Bok Choi Charred Courgettes	Seasoned Potato Wedges Sweetcorn Roasted Garlic Mushrooms
<i>Deli</i>	Jacket Potato with Baked Beans & Grated Cheddar	Harissa Spiced Mackerel with Chickpea & Cumin Potato Hash	Grilled Chicken, Sundried Tomato & Pesto Melt	Caribbean Jerk Beef Pasty	Brie & Spring Onion Quiche
<i>Dessert of the Day</i>	Summer Berry Crumble with Vanilla Custard	Honey & Raisin Flapjack	Lemon & Lime Drizzle Cake	Choc Chip & Beetroot Oat Cookie	Banoffee Cheesecake Pot

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<i>Week 2</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Soup</i>	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
<i>Main course</i>	Lamb Tagine	Mediterranean Turkey Lasagne	Maple-Glazed Gammon	Chicken & Chickpea Tikka Masala	Goujons of Plaice with Tartar Sauce & Lemon Wedge
<i>Vegetarian</i>	Charred Bell Pepper & Butterbean Tagine	Sun-Blushed Tomato & Lentil Lasagne	Summer Vegetable Filo Parcel	Sweet Potato & Chickpea Tikka Masala	Golden Vegetable Fingers
<i>On the side</i>	Minted Cous Cous Green Beans Paprika-Roasted Squash	Garlic Bread Pesto-Roasted Aubergines Mangetout	Steamed New Potatoes Broccoli & Cauliflower Cheese Roasted Carrots	Pilau Rice Saag Aloo Poppadums & Naan	Chunky Chips Garden Peas Baked Beans
<i>Deli</i>	Jacket Potato with Baked Beans & Grated Cheddar	Chargrilled Steak & Caramelised Onion Sub	Halloumi & Griddled Vegetable Kebab on Homemade Flatbread	Sausage Roll with Homemade Piccalilli	Chicken, Spinach & Red Pepper Puff Pastry Tart
<i>Dessert of the Day</i>	Apple & Rhubarb Strudel with Custard	Chocolate Zucchini Brownie	Rice Pudding with a Summer Berry Compote	White Chocolate & Raspberry Shortbread Round	Passionfruit & Coconut Roulade

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<i>Week 3</i>	<i>Monday</i>	<i>Tuesday</i>	<i>Wednesday</i>	<i>Thursday</i>	<i>Friday</i>
<i>Soup</i>	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day	Soup of the Day
<i>Main course</i>	Beef Stroganoff	Smokey Toulouse Sausage Fusilli Pasta	Creamy Chicken, Mustard & Leek Filo Topped Pie	Plum & Hoisin Turkey Stir- Fry	BBQ Pulled Pork Slider
<i>Vegetarian</i>	Chestnut Mushroom & Edamame Bean Stroganoff	Tomato & Mascarpone Fusilli Pasta	Summer Squash, Spinach & Chickpea Filo Topped Pie	Plum & Hoisin Quorn Stir- Fry	BBQ Mixed Bean & Pepper Quesadilla
<i>On the side</i>	50-50 Rice Sautéed Sweet Potato Garden Peas	Garlic & Herb Slice Broccoli Florets Sweetcorn	Herby-Buttered New Potatoes Green Beans Garlic-Roasted Cauliflower	Egg Noodles Sugar Snap Peas Spring Greens	Rainbow Wedges Mini Corn Cobette Tangy Summer Slaw
<i>Deli</i>	Jacket Potato with Baked Beans & Grated Cheddar	Asian Fish Taco with a Citrus Slaw	Goats Cheese & Summer Vegetable Frittata	Pepperoni Pizza Stuffed Mushroom with a Rocket Salad	Herby Ricotta & Asparagus Quiche
<i>Dessert of the Day</i>	Peach & Raspberry Upside Down Cake with Cream	White Chocolate Rocky Road	Banana Cake	Blueberry Oatmeal Cookie	Strawberry Whip with a Shortcake Crumb